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INFORMED CONSENT

I _____ (undersigned) have had the complete procedure of tooth whitening explained to me and understand the following points:

- The final tooth colour cannot be guaranteed but an increase in the whiteness of the teeth should be achieved by following the given procedure and after care. Some teeth are more difficult to lighten than others, especially teeth with Tetracycline staining (greyish bands across teeth), fluorosis (brownish spots/marks on teeth) or very thin enamel.
- This procedure involves in-office whitening sessions with gingival isolation and the placement of a red chemically activated whitening gel on the tooth surface. The procedure takes between 60 and 90 minutes.
- One of the most common side effects of any tooth whitening is sensitivity. This product used contains a desensitizing agent to help minimize any sensitivity. If any sensitivity does occur, it is usually very mild, and disappears within a few hours. Your dentist can supply an additional desensitizing gel like Ultra-Eze to bring you relief straight away.
- The treatment includes the provision of a follow up home kit with whitening gel to be used at home for at least 3 days. This will further enhance the jump-start effect that was achieved in the surgery. If you want your teeth to obtain the maximum whiteness, then we encourage you to complete the kit that has been provided for home use.
- Remember that the consumption of food and drink causes discolouration on the surface of teeth. (Anything that will stain a white shirt could stain your newly whitened teeth.) You are strongly advised not to have staining foodstuffs for at least 48 hours after the treatment. (Examples of such items are black tea, black coffee, red wine, soy sauce, tomato sauce, beetroot, curried foods etc....)
- Fillings, crowns, inlays or veneers do not whiten with the treatment and if you have these restorations on your front teeth, then some or all these restorations may have to be replaced. We recommend waiting for a period of 10 days after the whitening procedure has been completed. This gives the new tooth colour time to settle. This is especially true for composite fillings on the front teeth, which usually discolour with time in any event. Please discuss further with your dentist before treatment starts.
- Should you, at any time experience undue sensitivity or pain during the procedure you should alert the hygienist/dentist conducting the procedure. In some instances the procedure will have to be terminated. In such a case, you will be able to continue with a take-home system and still obtain a good result. The product used is very safe and will not harm the teeth or change the structure of the teeth at all.
- It is imperative that you visit the hygienist a few days before your in-house whitening treatment. This is essential in order to ensure that the tooth surfaces are clean and free of plaque and tartar, so that the power whitening and follow up treatment has the maximum effect.
- Full payment is due on completion of treatment.
- Due to the unpredictability of the treatment in a small percentage of patients, a refund cannot be given if the treatment is abbreviated or not completed. However we will try an alternative option if the desired result was not obtained. Generally we obtain excellent results and I am sure you will be very happy.

I understand the consent form. I accept the above and agree that the procedure and aftercare treatment was explained to me.

Doctor/Hygienist signature

Patient Signature

Date